



# Weekly Bites

Look what we achieved!

Week Ending: 1 September 2023

Gave out 58 parcels of emergency food (3-day supply each)

Adults Fed: 87

Children Fed: 65

TOTAL PEOPLE FED: 152

Stock in (donations): 840 kg

Stock out (food parcels): 1365 kg

## Thank you...



To you: for your wonderful donation, this will go to help and support local people who are experiencing financial difficulty and who cannot afford to buy essentials which are becoming increasingly expensive. It is greatly appreciated.

To our wonderful Volunteers: Last week they gave 149 hours of their time across all 4 centres.

We certainly couldn't do it without you!

### URGENTLY NEEDED ITEMS:

Long life fruit juice, sponge puddings, cooking oil, surface cleaning spray, clothing detergent

#### LOW STOCK:

Instant mash, tinned mixed veg, disposable razors, long life whole milk, hot chocolate (stir into water)

#### WELL STOCKED:

pasta, cereal, tea bags, porridge, crisps

Don't forget.... You can transform more lives with a financial donation too.

Name of account: ETT Woking Foodbank Account number: 00033482

Bank: CAF Bank

Sort Code: 4052.40

Why not Gift Aid it? We can claim a further 25% on your donation. Please ask for details.







